

SKIN INSPECTION

It's absolutely necessary to inspect your skin regularly after prosthetic use. A regular skincare routine is a crucial step to avoiding potential skin problems.

Every morning and night before putting on and after taking off your prosthesis, use a hand mirror to check all sides and angles of your limb. Look for signs of irritation like red marks that don't disappear after 10 to 15 minutes, hardened skin, cracks, rashes, and anything else that looks out of the ordinary.

Any findings outside of normal skin tolerances should be immediately reported to your Prosthetist.

SKIN CARE

It is very important to clean your skin. Wash your limb and allow it to dry completely. It is important to remove any dirt, oils, or sweat that may have accumulated on your skin during the day. If you naturally perspire more, multiple showers or cleanings may have to be part of your normal routine. Be sure to dry your limb completely. Apply a nighttime moisturizer to keep the skin soft and resist cracking or chaffing. Rub the moisturizer into the skin until it is no longer visible. Only use non scented moisturizers. Daytime moisturizers can be used with you prosthesis to prevent skin irritations. Ask you prosthetist for recommendations before using.

MAINTENANCE AND CARE

LINER

Clean the liner with soap and water with a damp clothe to scrub in the liner. Be sure the clothe is clean and does not have an odor. Use gentle detergent such as Dawn dishwashing soap. Avoid using harsh chemicals or abrasive materials that could damage the liner. The inside of the liner is most critical due to that is the side that makes contact with you skin. You should wash the inside and outside of the liner.

Rinse it thoroughly with water.

Allow your prosthetic liner to air dry completely before using it again. Use a drying stand or Lay the liner flat in a well-ventilated area.

SEALING SLEEVE

The inner surface of which makes contact with your skin should be cleaned in same manner as the liner.

SOCKET CLEANING

The socket can be cleaned with mild soap & water or a 50% solution of water & Isopropyl alcohol.

SANITIZING

Any prosthetic component that makes contact with your skin should be sanitized with a 50% solution of water and Isopropyl alcohol.

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