

PUTTING YOUR PROSTHESIS ON



1. Completely turn the liner inside out.



2. Place completely inverted liner against your skin, grip lightly and roll on. *Do not trap air in bottom of liner*



3. Examine the pin. It needs to be in the center or slightly pointed backward.



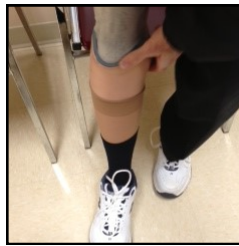
4. Apply the correct ply of socks placing locking pin through hole in bottom of sock.



5. Make sure there are no wrinkles in the sock and no parts of sock over pin



6. Push your leg into the prosthesis. Make sure your leg is in same alignment as the prosthesis otherwise the pin will not align with the hole



7. Listen for clicks as your leg goes into the socket, ensuring pin has engaged the lock.

TIPS

- Before placing your leg into socket. Check to be sure no objects have fallen into the socket. Turn leg upside down and aggressively tap side to ensure nothing has fallen into lock.
- When applying socks over the liner you cannot have any sock or threads over pin. This will jam the lock!!
- If you develop water blisters on the bottom of your stump, this indicates you need contact at bottom. It's likely you have too heavy a sock ply and you need to call your Prosthetist immediately.

TAKING YOUR PROSTHESIS OFF

1. Sit down in a stable chair
2. Carefully lean forward and push in the release button, located at bottom of socket
3. While holding the button in, push on top of socket until prosthesis is completely removed
4. Take off any socks
5. Pull off the liner by grabbing top of liner and sliding it down (if not being re-applied refer to the wear & care instructions or manufacturer's instructions to wash the inside of the liner)
6. Turn the liner right side out. (Never leave liner inside out)
7. Inspect skin by following protocol as listed on the wear & care instruction sheet

** If there is redness that doesn't Blanche or go away after 15 minutes discontinue prosthetic use & call your Prosthetist immediately*

Teitelbaum Orthotics & Prosthetics

Locations:

Williamsburg - 166 Ross St, Brooklyn, NY 11211, USA

Boro Park - 910 46th St, Brooklyn, NY 11219, USA

Monsey - 41 Main St, Monsey, NY 10952, USA

Call: +1 718-782-0600

Fax: +1 718-782-0611